

You're invited to attend
Returning Clear Vision and Beauty Back to Our Eyes
Organized by Friends of Heart



Do you know?

- ❖ There is a **natural alternative** to glasses, contacts and Lasik surgery that really cures your eyesight?
- ❖ You can train your **eye muscles** in exactly the same way that an athlete trains their legs, abs and arms?
- ❖ **Natural face lifting** removes ALL wrinkles around your eyes just like expensive creams?

Join us to learn about these eye exercises from a person who experienced the benefits firsthand! Win Door prizes and make new "friends", so bring some business cards.

Speaker:



Jane Kabarguina runs a website <http://www.snezha.com/> and teaches these eye exercises. When it was time for her to get laser surgery, she chickened out and ran out of the LASIK office in a panic. This incident pushed her to look for alternatives. She was at the point when she couldn't read at all without glasses. Jane is a living example of someone who benefits from eye exercises. Read her profile on the Event Website (see below).

Date and Time:

Thursday June 12, from 6 pm to 8 pm, followed by networking.

Location:

Rexall Centre (Weston Produce Plaza) 9625 Yonge Street (east of Yonge at Weldrick Road), Richmond Hill. Visit the event page to get directions.

Event Website:

http://www.openstreamdesign.com/health/eye_exercises.htm

Inquiries:

Max Haroon, send an email to max@openstreamdesign.com or phone: 416-891-4937
Aline Munsch, send an email to munschassan@yahoo.com or phone 416-856-3757

Registration:

\$5 suggested. All attendees will get list of resources in a follow-up email.

rsvp "yes" from our meetup.com group at: <http://liferepattern.meetup.com/28/>
You can also register at the front desk of Rexall Health Centre.

Friends of Heart is a collaborative group of kindred spirits that empowers life by sharing our cumulative knowledge and wisdom. We will focus on the body/mind/ spirit entity and raising awareness. Join us (no charge) at: <http://www.openstreamdesign.com>

Tell your friends about this event! And, help them see more clearly...

